

# Time Trial Results for: 25/09/2025

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	McAfee Heather	16.57	16.57	16.57
3	R	2	Vanhaght Megan	17.18	17.18	17.18
3	R	3	Johnston Tamaryn	19.01	17.01	17.55
3	R	4	van der Walt Jason	19.01	18.32	18.32
5	R	1	Henshall Michael	20.45	20.23	20.23
5	R	2	van Dyk Gerrit	21.09	19.50	20.29
5	R	3	Nothnagel Ryno	21.20 PB	21.20	21.20
5	R	4	Jonker Johnie	23.09	23.09	23.09
5	R	5	Wright Darren	25.23	24.44	25.10
5	R	6	Gouws (Sen) Danie	27.32	24.46	26.06
5	R	7	Ducheyne Louis	28.12 PB	28.12	28.12
5	R	8	Henshall Tamsyn	29.01	28.52	28.52
5	R	9	Burton Sylvia	29.10	25.55	27.22
5	R	10	Coetzee André	29.23	26.43	27.37
5	R	11	van Groeningen Lester	30.23	26.15	28.34
5	R	12	Beeton Kenny	31.53	30.20	31.44
5	R	13	Burton Peter	36.30	31.05	31.05