

## Time Trial Results for: 27/03/2025

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3 R		1	Gillion Frank	15.01		11.06	14.35
3 R		2	Johnston Tamaryn	18.16		17.01	18.06
3 R		3	Roberts Meagan	19.53	SB	19.37	19.53
3 R		4	van Weele Roelof	20.13		14.03	20.13
3 R		5	James Sue	21.40	PB	21.40	21.40
5 R		1	Mcdonald Stuart	19.57	SB	19.16	19.57
5 R		2	Henshall Michael	20.51		20.23	20.23
5 R		3	Verster Janelle	23.04		22.35	23.04
5 R		4	Verster Pieter	23.05		20.15	23.05
5 R		5	Wright Darren	25.22	SB	24.44	25.22
5 R		6	Willoughby Rodney	25.32		25.03	25.03
5 R		7	Bester Hennie	25.49		24.55	24.55
5 R		8	Matthee Rosené	26.18		25.00	25.00
5 R		9	Roberts Kobus	26.35	PB	26.35	26.35
5 R		10	Gouws (Sen) Danie	27.07		24.46	26.29
5 R		11	Kennedy Nick	27.20		24.55	25.38
5 R		12	Burton Sylvia	27.47		25.55	27.22
5 R		13	Willoughby Noleen	27.47	SB	27.34	27.47
5 R		14	Henshall Tamsyn	30.08	PB	30.08	30.08
5 R		15	Hanna Les	30.14		22.31	27.39
5 R		16	James Chris	31.11	SB	29.19	31.11
5 R		17	Burton Peter	34.31		33.55	33.55
5 R		18	Nel Annarie	35.42		26.05	35.42