

FINGLOBAL ONRUS 10KM RACE 2024 RESULTS:

| POSITION | NAME | SURNAME | Male Female | Age Category | ASA Licence | Club | TIME |
|----------|------------|---------------|----------------|----------------|----------------|------------------|-------|
| 1 | Tumelo | Mokoatsi | M | Open (S) | 1504 | Kuilsrivier | 33:30 |
| 2 | Morne | Kammies | M | Open (S) | 1501 | Kuilsrivier | 33:52 |
| 3 | Jimmy | Bonjesi | M | Veterans (40+) | 2933 | RCS Gugulethu | 34:08 |
| 4 | Justin | Brown | M | Open | Temp | - | 34:51 |
| 5 | Barry-John | Pienaar | M | Open | 1502 | Kuilsrivier | 34:51 |
| 6 | Christie | Engelbrecht | M | Veterans | 3373 | Strand AC | 36:57 |
| 7 | Nardus | Matthysen | M | Open | 14270 | Cape Multi Sport | 37:18 |
| 8 | Stefano | Schmidt | M | Junior | 340280 | Boyes AC | 37:46 |
| 9 | Donavan | Brink | M | Open | Temp | - | 37:47 |
| 10 | Danzil | Paulse | M | Open | 1503 | Kuilsrivier | 38:00 |
| 11 | Niki | Steenkamp | M | Masters | 730 | Stellenbosch AC | 38:32 |
| 12 | Louis | Terblance | M | Junior | Temp | - | 38:37 |
| 13 | Takunda | | M | Open | 2021 | | 38:51 |
| 14 | Ian | Brown | M | Masters | Temp | - | 38:58 |
| 15 | Jacques | Nel | M | Open | 3927 | Vuilhonde | 39:02 |
| 16 | Jean | Du Plessis | M | Junior | Temp | - | 39:17 |
| 17 | Barend | Klopper | M | Open | 1475 | Wellington | 39:41 |
| 18 | Terence | Samuelson | M | Veterans | 1539 | Kuilsrivier | 39:42 |
| 19 | Tiaan | Hattingh | M | Open | 3968 | Vuilhonde | 39:52 |
| 20 | Emeth | Mafentice | M | Open | 420 | Whalers AC | 39:53 |
| 21 | Alexander | Engelbrecht | M | Junior | J40312 | Enduro Club | 40:12 |
| 22 | Wilhelm | Van der Merwe | M | Open | Temp | - | 40:15 |
| 23 | Divan | Van Tonder | M | Junior | J40516 | Durbanville | 40:32 |
| 24 | Lionel | Cronje | M | Veterans | 14711 | Brackenfell | 40:42 |
| 25 | Troy | Mouton | M | Open | Temp | - | 40:59 |

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|----|------------|-------------|---|--------------|-------|---------------------|-------|
| 26 | Mlandeli | Mkhohlakali | M | Veterans | 3067 | Gugulethu | 41:16 |
| 27 | Jason | La Cock | M | Open | Temp | - | 41:27 |
| 28 | Renier | Bekker | M | Veteran | 7902 | Born 2 Run | 41:39 |
| 29 | Faf | Jacobs | M | Open | Temp | - | 41:40 |
| 30 | Awie | De Swardt | M | Veterans | 3649 | Durbanville AC | 41:44 |
| 31 | Declan | Fiet | M | Open | Temp | - | 41:50 |
| 32 | Mikhail | - | M | Open | Temp | - | 42:02 |
| 33 | Servaas | Verster | M | Veterans | 3962 | Vuilhonde | 42:11 |
| 34 | Unknown | | | | | | 42:12 |
| 35 | Wenda | Nel | F | Open | 3928 | Die Vuilhonde | 42:13 |
| 36 | Pieter | Verster | M | Veterans | 3975 | Die Vuilhonde | 42:20 |
| 37 | Daneel | Moller | M | Open | Temp | - | 42:29 |
| 38 | Unknown | | | | | - | 42:33 |
| 39 | Christo | Fourie | M | Veterans | 1331 | Correction Services | 42:37 |
| 40 | Daniel | Tacs | M | Open | Temp | - | 42:41 |
| 41 | Ryan | Harrison | M | Veterans | Temp | - | 42:47 |
| 42 | Francois | Steyn | M | Veterans | Temp | - | 42:53 |
| 43 | JP | Duvenhage | M | Veterans | 1811 | Hangklip | 43:01 |
| 44 | Danielle | Vd Werf | F | Junior | Temp | - | 43:07 |
| 45 | Famke | Boonzaaier | F | Open | 1812 | Hangklip | 43:20 |
| 46 | Shaheed | Russon | M | Masters | 13323 | Topform | 43:44 |
| 47 | Marguerite | Van Niekerk | F | Veterans | Temp | - | 43:46 |
| 48 | Hassan | - | M | Open | 2012 | Bredasdorp | 43:51 |
| 49 | Elmarie | Coetzee | F | Grandmasters | 11966 | CMC | 43:53 |
| 50 | Pieter | Mokotary | M | Open | Temp | - | 44:06 |
| 51 | Shane | Hendriks | M | Open | 13932 | SAPS WC | 44:16 |
| 52 | Reinhardt | Steyn | M | Open | 2002 | Bredasdorp | 44:17 |
| 53 | Leigh | Smit | F | Open | 9567 | ATC | 44:19 |
| 54 | Ryan | Du Plessis | M | Open | | HB Leopards | 44:20 |

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|----|-----------|-----------------|---|--------------|--------|--------------------|-------|
| 55 | JC | Kriegler | M | Veteran | Temp | - | 44:22 |
| 56 | George | October | M | Grandmasters | 3890 | Durbanville AC | 44:59 |
| 57 | Louis | Van Wyk | M | Open | Temp | - | 45:52 |
| 58 | Zach | Taljaard | M | Veterans | 1835 | Hangklip | 46:17 |
| 59 | Enoch | | M | Junior | Temp | - | 46:19 |
| 60 | Johnie | Jonker | M | Grandmasters | 8016 | Alpha Centurion AC | 46:27 |
| 61 | Jacques | - | M | Open | Temp | - | 46:29 |
| 62 | Hanni | Van Wyk | F | Open | Temp | - | 46:36 |
| 63 | Eben | Kruger | M | Open | Temp | - | 46:38 |
| 64 | Shuichi | Tabei | M | Open | Temp | - | 46:39 |
| 65 | Christie | Janson | F | Junior | 40519 | Durbanville AC | 46:40 |
| 66 | Wayne | S | M | Veterans | 138884 | Rockies | 46:57 |
| 67 | Philippe | Van der Spuy | M | Open | Temp | - | 46:59 |
| 68 | Janelle | Verster | F | Veterans | 3975 | Die Vuilhonde | 47:02 |
| 69 | Elizabeth | Brink | F | Masters | 3911 | Durbac | 47:07 |
| 70 | Rens | Van der Vleuten | M | Open | Temp | - | 47:12 |
| 71 | Georgina | Andraos | F | Grandmasters | 1831 | Hangklip | 47:19 |
| 72 | Louise | Boltmann | F | Veterans | 8400 | Cape Multisport | 47:22 |
| 73 | Frank | Gillion | M | Grandmasters | 380 | Whalers AC | 47:28 |
| 74 | Mark | Easter | M | Veterans | Temp | 32 GI | 47:28 |
| 75 | Mark | Fox | M | Veterans | Temp | - | 47:30 |
| 76 | Robert | Hew | M | Open | Temp | - | 47:34 |
| 77 | Anel | Mostert | F | Masters | Temp | - | 47:42 |
| 78 | Japie | Swanepoel | M | Masters | 1818 | Hangklip | 47:43 |
| 79 | Alan | | M | Masters | 1842 | Hangklip | 47:52 |
| 80 | Andreas | Beukes | M | Open | Temp | - | 48:28 |
| 81 | Rozanne | Theart | F | Open | Temp | - | 48:30 |
| 82 | Edu | Geldenhuis | M | Junior | Temp | - | 48:32 |
| 83 | Abri | Coetzee | M | Open | Temp | - | 48:38 |

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|-----|-----------|---------------|---|--------------|-------|---------------------|-------|
| 84 | Ruben | Van Ryneveld | M | Open | Temp | - | 48:38 |
| 85 | Yurie | Mortimer | M | Open | Temp | - | 48:54 |
| 86 | Johan | Vd | M | Masters | Temp | - | 48:58 |
| 87 | William | Boltman | M | Open | 11960 | Cape Multisport | 48:59 |
| 88 | Tyla | Setzkorn | F | Open | Temp | - | 49:06 |
| 89 | David | Hepburn-Brown | M | Grandmasters | 413 | Whalers AC | 49:09 |
| 90 | Pierre | Geldenhuis | M | Veteran | Temp | - | 49:10 |
| 91 | Johann | Stime | M | Masters | 673 | - | 49:11 |
| 92 | Cecilia | La Cock | F | Open | Temp | - | 49:16 |
| 93 | Susan | Van Schouwen | F | Veteran | 424 | Whalers AC | 49:17 |
| 94 | Lizette | Banister | F | Masters | 2489 | CMC | 49:19 |
| 95 | Jacques | Beukes | M | Veteran | Temp | - | 49:23 |
| 96 | Kruger | De Waal | M | Open | Temp | - | 49:29 |
| 97 | Laurika | De Waal | F | Open | - | - | 49:35 |
| 98 | Tameshia | | F | Open | 2157 | Whalers AC | 49:40 |
| 99 | De Wet | Nel | M | Veteran | Temp | - | 49:47 |
| 100 | Andra | Kritzinger | F | Open | Temp | - | 49:49 |
| 101 | Herman | Poole | M | Masters | 6582 | Helderberg Harriers | 49:51 |
| 102 | Jean | Van der Spuy | M | Junior | Temp | - | 49:52 |
| 103 | Andrew | Dare | M | Open | 14666 | Team Vitality | 49:55 |
| 104 | Jordan | Johnston | M | Open | Temp | - | 49:55 |
| 105 | Matthew | Kirkland | M | Open | 17484 | Run Zone | 49:56 |
| 106 | Emily | Liebenberg | F | Junior | Temp | - | 50:05 |
| 107 | Zenke | Brink | F | Junior | Temp | - | 50:09 |
| 108 | Eudard | Teichert | M | Veterans | 3932 | Die Vuilhonde | 50:10 |
| 109 | Andrew | Moore | M | Grandmasters | Temp | - | 50:10 |
| 110 | Unkown | | | | | | 50:14 |
| 111 | Alexandra | Van Stelten | F | Open | 12756 | Hatfield Harriers | 50:17 |
| 112 | Timothy | Fortune | M | Open | 874 | Spartan Harriers | 50:18 |

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|-----|----------|---------------------|---|-----------------------|-------|---------------|-------|
| 113 | Erik | Harding | M | Open | Temp | - | 50:23 |
| 114 | John | De Villiers | M | Veterans | Temp | - | 50:23 |
| 115 | Piers | Buckle | M | Masters | Temp | - | 50:25 |
| 116 | Lawrence | Price | M | Veterans | Temp | - | 50:27 |
| 117 | Mark | Kavalfh | M | Veterans | Temp | - | 50:28 |
| 118 | Johan | Luckhoff | M | Open | Temp | - | 50:29 |
| 119 | Andries | | M | Open | Temp | - | 50:30 |
| 120 | Nicola | Marais | F | Open | Temp | - | 50:30 |
| 121 | Andrè | Treurnich | M | Masters | 6912 | Belville AC | 50:31 |
| 122 | Thomas | Jansen van Rensburg | M | Open | Temp | - | 50:43 |
| 123 | Eduard | | M | Open | Temp | - | 50:53 |
| 124 | Hans | Klusmann | M | Open | Temp | - | 50:54 |
| 125 | M | Van Wyk | M | Open | Temp | - | 51:00 |
| 126 | Cindy | Van Oordt | F | Veterans | Temp | - | 51:01 |
| 127 | Joretha | Kruger | F | Masters | 7008 | Belville | 51:05 |
| 128 | Pieter | Uys | M | Grandmasters | Temp | - | 51:07 |
| 129 | Unknown | | | | | | 51:08 |
| 130 | Genè | Honiball | F | Open | Temp | - | 51:09 |
| 131 | Neville | Frieslich | M | Great Grandmasters | 8682 | Fishhoek | 51:10 |
| 132 | Patrick | Kennedy | M | Open | Temp | - | 51:16 |
| 133 | Marelize | Lourens | F | Open | 12881 | Team Vitality | 51:20 |
| 134 | Liesl | Stoltz | F | Veterans | Temp | - | 51:22 |
| 135 | Jarryd | Buratouich | M | Open | Temp | - | 51:31 |
| 136 | Unknown | | | | | | 51:34 |
| 137 | Daniel | Muller | F | Veterans | 1819 | Hangklip | 51:38 |
| 138 | Ashely | | M | Veterans | Temp | - | 51:40 |
| 139 | Matteo | | M | Open | Temp | - | 51:41 |
| 140 | Herma | Hugo | F | Veterans | Temp | - | 51:55 |

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|-----|------------|--------------|---|--------------|-------|------------------|-------|
| 141 | Pietman | Hugo | M | Veterans | Temp | - | 52:08 |
| 142 | Deidre | Davids | F | Veterans | 1511 | Kuilsrivier | 52:09 |
| 143 | Dillon | Singh | M | Open | 12539 | Carbineers | 52:11 |
| 144 | Anja | Hutton | F | Open | 6635 | Helderberg | 52:15 |
| 145 | James | Peattie | M | Junior | Temp | - | 52:16 |
| 146 | Justine | Swingler | F | Junior | Temp | - | 52:17 |
| 147 | Kelly | Ann | F | Open | 2006 | Bredasdorp | 52:22 |
| 148 | JC | Kritzinger | M | Open | Temp | - | 52:32 |
| 149 | Abdurahman | Moosa | M | Grandmasters | 2707 | Carbineers WP | 52:33 |
| 150 | Llewellyn | Nel | M | Veterans | 1814 | Hangklip | 52:35 |
| 151 | Rudi | Le Grange | M | Open | 442 | Whalers AC | 52:36 |
| 152 | Rayner | Senger | M | Open | Temp | - | 52:38 |
| 153 | Jaco | De Jager | M | Masters | Temp | - | 52:47 |
| 154 | Ane | Hartman | F | Open | 390 | Arcelormittal VT | 52:52 |
| 155 | Yohannes | Aloto | M | Open | 2011 | Bradstro AC | 52:54 |
| 156 | A | Symington | M | Masters | Temp | - | 53:00 |
| 157 | Dulcie | Bezuidenhout | F | Open | Temp | - | 53:02 |
| 158 | Bernard | Wiese | M | Open | Temp | - | 53:07 |
| 159 | Unkown | | | | | | 53:08 |
| 160 | Edrich | Marchant | M | Veterans | Temp | - | 53:10 |
| 161 | Sean | Ward | M | Veterans | Temp | - | 53:15 |
| 162 | Tansy | Green | F | Masters | Temp | Whalers | 53:18 |
| 163 | Danie | Steenkamp | M | Open | Temp | | 53:20 |
| 164 | Cherie | | F | Open | Temp | - | 53:27 |
| 165 | Ruwaan | Both | M | Open | Temp | - | 53:31 |
| 166 | Unknown | | | | | | 53:32 |
| 167 | Katarina | Spencer | F | Open | Temp | - | 53:52 |
| 168 | N | Kenedy | M | Veterans | Temp | - | 53:54 |
| 169 | Marisa | Agnelo | F | Veterans | Temp | - | 54:01 |

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|-----|----------|--------------------|---|----------|-------|---------------------|-------|
| 170 | Jaco | Oosthuizen | M | Veterans | 3341 | Strand | 54:02 |
| 171 | Unknown | | | | | | 54:03 |
| 172 | Unknown | | | | | | 54:18 |
| 173 | Lauren | Loxton | F | Open | Temp | - | 54:19 |
| 174 | Megan | Queret-Menys | F | Open | Temp | - | 54:19 |
| 175 | Ashlyn | | F | Open | Temp | Maverick | 54:20 |
| 176 | Unkown | | | | | | 54:21 |
| 177 | Johan | Le Roux | M | Veterans | Temp | - | 54:22 |
| 178 | Henk | Janse van Rensburg | M | Masters | 2240 | Pierre van Ryneveld | 54:24 |
| 179 | Johan | Oosthuizen | M | Open | Temp | - | 54:25 |
| 180 | Dean | Van Schalkwyk | M | Veteran | 3950 | Durbac | 54:26 |
| 181 | Megan | Oosthuizen | F | Open | Temp | - | 54:28 |
| 182 | Heinrich | Crous | M | Open | Temp | - | 54:29 |
| 183 | James | Sleigh | M | Masters | Temp | - | 54:35 |
| 184 | Gregory | Bakker | M | Open | Temp | - | 54:39 |
| 185 | Samantha | Jackson | F | Masters | 427 | Whalers AC | 54:43 |
| 186 | Michael | Kotze | M | Open | 437 | Whalers AC | 55:07 |
| 187 | Alisane | Adams | F | Open | 1505 | Kuilsrivier | 55:11 |
| 188 | Rosene | Mathee | F | Veterans | 388 | Whalers AC | 55:20 |
| 189 | Unknown | | | | | | 55:21 |
| 190 | Unknown | | | | | | 55:25 |
| 191 | Kaylie | Lategan | F | Open | Temp | - | 55:34 |
| 192 | Marius | Mostert | M | Veterans | Temp | - | 55:38 |
| 193 | Cheryl | Vos | F | Veterans | Temp | - | 55:42 |
| 194 | Natasha | Smit | F | Open | Temp | - | 55:45 |
| 195 | Louise | King | F | Open | Temp | - | 55:55 |
| 196 | Tobie | Vermeulen | M | Veteran | Temp | - | 55:57 |
| 197 | Lindie | Laubscher | F | Masters | 1874 | Hangklip | 55:58 |
| 198 | Nicole | Swingler | F | Junior | 68488 | Whalers | 55:59 |

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|-----|------------|--------------|---|--------------|-------|---------------------|-------|
| 199 | Unknown | | | | | | 56:03 |
| 200 | Brad | Pearsall | M | Masters | Temp | - | 56:05 |
| 201 | Marcelle | Pienaar | F | Open | Temp | - | 56:05 |
| 202 | Chris | Liebenberg | M | Masters | Temp | - | 56:07 |
| 203 | Lynn | Swingler | F | Open | 69452 | Whalers | 56:11 |
| 204 | Samiel | Mathews | M | Masters | 2229 | Pinelands | 56:14 |
| 205 | Cobus | Van den Berg | M | Grandmasters | Temp | - | 56:18 |
| 206 | Du Toit | Visser | M | Open | Temp | - | 56:21 |
| 207 | Kyle | Wentzel | M | Open | Temp | - | 56:22 |
| 208 | Lynda | Kirkland | F | Grandmaster | 17486 | Run Zone AC | 56:32 |
| 209 | Marguerite | Lombard | F | Open | Temp | - | 56:36 |
| 210 | Pierre | Lombard | M | Open | Temp | - | 56:37 |
| 211 | C | Hassenkam | M | Masters | Temp | - | 56:39 |
| 212 | Eddy | Lanute | M | Veteran | Temp | - | 56:42 |
| 213 | Mike | Smuts | M | Veteran | Temp | - | 56:43 |
| 214 | Johan | Conradie | M | Veteran | 1310 | Korrektiewe Dienste | 56:44 |
| 215 | Unknown | | | | | | 56:53 |
| 216 | Unknown | | | | | | 56:57 |
| 217 | Unknown | | | | | | 56:58 |
| 218 | Chris | Mitchel | M | Veteran | 386 | Whalers AC | 56:59 |
| 219 | Unknown | | | | | | 57:08 |
| 220 | Sunelle | Loubser | F | Open | 1875 | Hangklip | 57:10 |
| 221 | Dominic | Van Schouwen | M | Veteran | 2152 | Whalers AC | 57:11 |
| 222 | Christine | Hibbert | F | Grandmaster | Temp | - | 57:22 |
| 223 | Melitia | Van Wyk | F | Veteran | 6822 | Bellville | 57:23 |
| 224 | Ryno | Smuts | M | Veteran | Temp | - | 57:31 |
| 225 | Desmon | Arendse | M | Grandmaster | 7246 | Atlantic Harriers | 57:33 |
| 226 | Rita | Terblanche | F | Veteran | Temp | - | 57:38 |
| 227 | Alex | Oosthuizen | M | Open | Temp | - | 57:45 |

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|-----|------------|--------------|---|--------------|------|------------|-------|
| 228 | Terry | Kobus | M | Grandmaster | 390 | Whalers AC | 57:46 |
| 229 | Jacques | Janson | M | Masters | Temp | - | 57:47 |
| 230 | Marli | Meier | F | Masters | Temp | - | 57:48 |
| 231 | Heinrich | Beor | M | Masters | Temp | - | 57:48 |
| 232 | Sanet | Myburgh-Lipp | F | Grandmasters | 1822 | Hangklip | 57:49 |
| 233 | Unknown | | | | | | 57:58 |
| 234 | Nicki | Abel | M | Open | 5087 | ATC RC | 58:00 |
| 235 | Unknown | | | | | | 58:01 |
| 236 | Antoinette | Smit | F | Masters | Temp | - | 58:02 |
| 237 | Olivia | Hardie | F | Open | Temp | - | 58:15 |
| 238 | Tia | Crous | F | Open | Temp | - | 58:19 |
| 239 | Andries | Harmse | M | Open | Temp | - | 58:21 |
| 240 | Jenna | Sprenger | F | Open | Temp | - | 58:21 |
| 241 | Nic | Kearney | M | Open | Temp | - | 58:30 |
| 242 | Katherine | Le Roux | F | Veteran | Temp | - | 58:31 |
| 243 | Nelia | Harding | F | Open | Temp | - | 58:32 |
| 244 | Marilize | Van Zyl | F | Open | Temp | - | 58:36 |
| 245 | Higgo | Pienaar | F | Open | Temp | - | 58:39 |
| 246 | Jill | Lategan | F | Masters | 38 | Edgemead | 58:41 |
| 247 | Retha-Mari | Honiball | F | Open | Temp | - | 58:43 |
| 248 | Marius | Alberts | M | Open | Temp | - | 58:44 |
| 249 | F | Alberts | M | Masters | Temp | - | 58:49 |
| 250 | Nicolene | | F | Open | Temp | - | 58:50 |
| 251 | Carla | Houghton | F | Masters | Temp | - | 58:56 |
| 252 | Anthony | Lodge | M | Grandmasters | Temp | - | 58:57 |
| 253 | Mia | | F | Junior | Temp | - | 58:58 |
| 254 | Unknown | | | | | | 58:59 |
| 255 | Andrew | Sprenger | M | Open | Temp | - | 59:00 |
| 256 | Unknown | | | | | | 59:04 |

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|-----|---------------|--------------|---|--------------|-------|-------------|---------|
| 257 | Unknown | | | | | | 59:05 |
| 258 | Tharine | Kearney | F | Veteran | Temp | - | 59:05 |
| 259 | Gia | Marais | F | Junior | Temp | - | 59:11 |
| 260 | P | Kilpin | M | Masters | Temp | - | 59:12 |
| 261 | Jeannine | McManis | F | Masters | Temp | - | 59:13 |
| 262 | Terrence | Mostert | M | Open | Temp | - | 59:13 |
| 263 | Andrew | Stamps | M | Veteran | Temp | - | 59:14 |
| 264 | Paul | Harrington | M | Veteran | Temp | - | 59:16 |
| 265 | Shelley | Kavanash | F | Veteran | Temp | - | 59:16 |
| 266 | Debbie | Price | F | Veteran | Temp | - | 59:17 |
| 267 | Pieter | Van Stelten | M | Masters | 14365 | Durbanville | 59:18 |
| 268 | Shandra | Van Stelten | F | Masters | 14364 | Durbanville | 59:19 |
| 269 | Tainton | Hutton | M | Open | Temp | - | 59:20 |
| 270 | Elzanne | Hill | F | Masters | 3745 | Durbanville | 59:23 |
| 271 | Unknown | | | | | | 59:26 |
| 272 | Crystle-Lynne | Moore | F | Open | 1533 | Kuilsrivier | 59:27 |
| 273 | Niel | Wieffering | M | Veteran | Temp | - | 59:47 |
| 274 | Martin | Smith | M | Grandmasters | Temp | | 59:49 |
| 275 | Zara | Burger | F | Junior | Temp | - | 59:57 |
| 276 | Unknown | | | | | | 1:00:03 |
| 277 | Marian | Honiball | F | Masters | Temp | - | 1:00:04 |
| 278 | Shavonne | Venter | F | Open | Temp | - | 1:00:11 |
| 279 | Dewald | Venter | M | Open | 348 | Whalers AC | 1:00:13 |
| 280 | Andre | Coetzee | M | Masters | 452 | Whalers AC | 1:00:13 |
| 281 | Nelson | | M | Open | 3015 | Gugulethu | 1:00:15 |
| 282 | Celeste | Van der Spuy | F | Open | Temp | - | 1:00:16 |
| 283 | Anna | Mouton | F | Masters | Temp | - | 1:00:17 |
| 284 | Jacques | Du Plooy | M | Open | Temp | - | 1:00:24 |
| 285 | Carine | Kruger | F | Grandmasters | Temp | - | 1:00:35 |

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|-----|----------|-------------|---|--------------------|-------|---------------|---------|
| 286 | Brian | Rothman | M | Great Grandmasters | 4453 | Brackenfell | 1:00:41 |
| 287 | Bernice | Brunette | F | Master | Temp | - | 1:00:43 |
| 288 | Craig | Kotze | M | Masters | 5080 | ATC | 1:00:46 |
| 289 | Charl | De Wet | M | Great Grandmasters | 3686 | Durbac | 1:00:47 |
| 290 | Sharon | Sleigh | F | Masters | Temp | - | 1:01:02 |
| 291 | Ella | Pretorius | F | Open | Temp | - | 1:01:04 |
| 292 | Unknown | | | | | | 1:01:06 |
| 293 | Palou | Marais | F | Open | Temp | - | 1:01:14 |
| 294 | SM | De Villiers | F | Veteran | Temp | - | 1:01:21 |
| 295 | Emari | Linde | F | Veteran | Temp | - | 1:01:26 |
| 296 | Phillip | Terblanche | M | Open | Temp | - | 1:01:27 |
| 297 | Patrick | | M | Veteran | Temp | - | 1:01:28 |
| 298 | Unknown | | | | | | 1:01:45 |
| 299 | Hannah | Peattie | F | Open | Temp | - | 1:01:51 |
| 300 | Jordan | Hazell | F | Open | Temp | - | 1:01:52 |
| 301 | Mariske | | F | Open | Temp | - | 1:01:53 |
| 302 | Nina | Bougas | F | Veteran | Temp | - | 1:01:57 |
| 303 | Unknown | | | | | | 1:01:57 |
| 304 | Wayne | Bromfield | M | Masters | Temp | - | 1:01:58 |
| 305 | Heinrich | Jonck | M | Veteran | Temp | - | 1:02:00 |
| 306 | Joseph | | M | Grandmasters | Temp | - | 1:02:03 |
| 307 | Wendy | Horn | F | Masters | 12489 | Belville | 1:02:14 |
| 308 | Romeo | Stevens | M | Veteran | Temp | - | 1:02:16 |
| 309 | Unknown | | | | | | 1:02:20 |
| 310 | Reinhard | Lourens | M | Open | 7900 | Born 2 Run WP | 1:02:22 |
| 311 | Jurie | Van Vuuren | M | Open | Temp | - | 1:02:27 |
| 312 | Jay-Jay | | M | Open | Temp | - | 1:02:28 |
| 313 | Anele | Van Niekerk | F | Veteran | 1808 | HAC | 1:02:31 |

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|-----|-----------|---------------|---|--------------------|-------|---------------|---------|
| 314 | Joubert | Kruger | M | Veteran | 4090 | Midstream | 1:02:33 |
| 315 | Coenie | | M | Veteran | 1873 | Hangklip | 1:02:34 |
| 316 | Deborah | Moosa | F | Masters | 2706 | Carbineers WP | 1:02:40 |
| 317 | Trevor | Eckleton | M | Masters | 1513 | Kuilsrivier | 1:02:56 |
| 318 | Unknown | | | | | | 1:03:03 |
| 319 | Unknown | | | | | | 1:03:06 |
| 320 | MD | Hollington | M | Grandmasters | 5623 | RAC | 1:03:10 |
| 321 | Mark | Kingwill | M | Open | Temp | - | 1:03:17 |
| 322 | Christel | Visagie | F | Veteran | 7886 | Sterk Span | 1:03:22 |
| 323 | Jan | Roos | M | Great Grandmasters | Temp | - | 1:03:31 |
| 324 | Eubre | Vd Merwe | F | Veteran | Temp | - | 1:03:35 |
| 325 | Ursulene | Pienaar | F | Veteran | 16802 | Runzone | 1:03:39 |
| 326 | Angelo | Feru | M | Open | Temp | - | 1:03:40 |
| 327 | D | Louw | M | Masters | 421 | Whalers AC | 1:03:42 |
| 328 | Kristi | Spencer | F | Veteran | Temp | - | 1:03:43 |
| 329 | Zelda | Killingsworth | F | Veteran | Temp | - | 1:03:44 |
| 330 | Karlien | De Villiers | F | Open | Temp | - | 1:03:45 |
| 331 | Elzanne | Le Roux | F | Veteran | Temp | - | 1:03:55 |
| 332 | Liesel | Harrington | F | Veteran | Temp | - | 1:04:02 |
| 333 | Anina | Visser-Klerck | F | Open | Temp | - | 1:04:03 |
| 334 | Marizanne | Kotze | F | Open | 439 | Whalers AC | 1:04:36 |
| 335 | Sophia | Louw | F | Masters | 4017 | Durbanville | 1:04:47 |
| 336 | B | Rizzo | M | Masters | 4431 | TVGN | 1:04:56 |
| 337 | Unknown | | | | | | 1:04:58 |
| 338 | Barbara | Soellaart | F | Masters | Temp | - | 1:05:06 |
| 339 | Tracy | Kritzinger | F | Veteran | Temp | - | 1:05:27 |
| 340 | Geoff | Howard | M | Masters | Temp | - | 1:05:28 |
| 341 | Jan | Van Heerden | M | Grandmasters | 24529 | Miway | 1:05:36 |

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|-----|-------------|---------------|---|----------------------|-------|------------------------|---------|
| 342 | Lauren-Tyla | Vermaak | F | Open | Temp | - | 1:05:45 |
| 343 | Tom | Johnson | M | Grandmasters | 8293 | Cape Multisport Club | 1:05:52 |
| 344 | Lochel | Coetzee | F | Open | Temp | - | 1:05:55 |
| 345 | Elizka | Hendrikse | F | Masters | 4370 | Brackenfell AC | 1:05:56 |
| 346 | Carla | Bester | F | Masters | 4527 | Brackenfell AC | 1:06:22 |
| 347 | Morne | Augustyn | M | Open | Temp | - | 1:06:22 |
| 348 | Bernice | October | F | Grandmaster | 3891 | Durbanville | 1:06:33 |
| 349 | Jaco | Smit | M | Open | Temp | - | 1:06:38 |
| 350 | Timothy | McGiddy | M | Grandmaster | 1839 | Hangklip | 1:06:50 |
| 351 | Peter | Donald | M | Great Grandmaster | 5781 | West Coast | 1:06:55 |
| 352 | Veronica | Augustyn | F | Grand Master | Temp | - | 1:06:59 |
| 353 | Kayley | | F | Open | Temp | - | 1:07:02 |
| 354 | Arnold | Van der Schyf | M | Open | Temp | - | 1:07:04 |
| 355 | Neil | Wessels | M | Masters | Temp | - | 1:07:28 |
| 356 | Biancke | Wessels | F | Open | Temp | - | 1:07:29 |
| 357 | Kelly | Petersen | F | Open | 13094 | Kuilsrivier | 1:07:30 |
| 358 | Pieter | Carstens | M | Grand Masters | Temp | - | 1:07:35 |
| 359 | Maryka | Treurnich | F | Veteran | 6913 | Belville AC | 1:07:50 |
| 360 | Jaco | Vd Westhuizen | M | Open | 1924 | Citrusdal | 1:07:52 |
| 361 | Elisma | Vd Westhuizen | F | Open | 1925 | Citrusdal AC | 1:08:11 |
| 362 | Angelique | Le Grange | F | Open | 372 | Whalers AC | 1:08:14 |
| 363 | Unknown | | | | | | 1:08:15 |
| 364 | Charl | | M | Veteran | Temp | - | 1:08:19 |
| 365 | Monique | Victor | F | Open | 412 | Whalers AC | 1:08:31 |
| 366 | Matie | Stander | M | GrandMaster | 1849 | Hangklip | 1:08:37 |
| 367 | Bertie | | M | Masters | Temp | - | 1:09:00 |
| 368 | J | Marnewick | M | Grandmasters | 3623 | Durbac | 1:09:02 |
| 369 | Marichen | Mortimer | F | Masters | 2129 | Pretoria Marathon Club | 1:09:07 |

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|-----|------------|-------------|---|--------------------|-------|---------------|---------|
| 370 | Michelle | Privett | F | Veterans | 2149 | Whalers AC | 1:09:26 |
| 371 | Meagan | Roberts | F | Veterans | 2160 | Whalers AC | 1:09:40 |
| 372 | Lisa-Marie | Oelofse | F | Open | Temp | - | 1:09:51 |
| 373 | Cornè | Marais | F | Masters | Temp | - | 1:10:03 |
| 374 | Elrich | Linde | M | Veterans | Temp | - | 1:10:11 |
| 375 | Roelof | Van Weele | M | Great Grandmasters | 395 | Whalers AC | 1:10:21 |
| 376 | Menno | Klapwijk | F | Great Grandmasters | Temp | Phobians | 1:10:31 |
| 377 | F | Jacobsz | F | Veterans | Temp | - | 1:11:12 |
| 378 | Leana | | F | Veterans | Temp | - | 1:11:22 |
| 379 | Robyn | Van Rhyn | F | Open | Temp | - | 1:11:23 |
| 380 | Anthony | Green | M | Grandmasters | Temp | - | 1:11:24 |
| 381 | Nicola | Vd Merwe | F | Open | Temp | Hangklip | 1:11:27 |
| 382 | S | De Bruyn | F | Open | 1855 | Hangklip | 1:11:35 |
| 383 | Andrè | Van Heerden | M | Veterans | Temp | - | 1:11:45 |
| 384 | Jen | Booisen | M | Open | Temp | - | 1:11:46 |
| 385 | Jetro | Tiemie | M | Masters | 2090 | SAPS WP | 1:11:46 |
| 386 | Nolan | Makhasi | M | Open | 2093 | SAPS WP | 1:12:00 |
| 387 | Louise | De Villiers | F | Open | Temp | - | 1:12:01 |
| 388 | Hazel | Montsumi | F | Veterans | 1532 | Kuilsrivier | 1:12:02 |
| 389 | Tienie | Viljoen | M | Grandmasters | Temp | - | 1:12:26 |
| 390 | Christa | Baard | F | Veterans | 10187 | Team Vitality | 1:12:28 |
| 391 | Derek | Diedericks | M | Grandmasters | Temp | - | 1:12:31 |
| 392 | Karen | Fouchè | F | Open | Temp | - | 1:12:40 |
| 393 | Jacques | Roux | M | Open | Temp | - | 1:13:33 |
| 394 | Paul | Pretorius | M | Great Grandmasters | 16220 | Wanderers | 1:13:34 |
| 395 | Glenda | Theobald | F | Great Grandmasters | 370 | Whalers AC | 1:13:35 |
| 396 | Unknown | | | | | | 1:13:41 |

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|-----|-----------|-------------|---|--------------------|-------|---------------------|----------|
| 397 | Annali | Louw | F | Veterans | Temp | - | 1:13:44 |
| 398 | Neil | Louw | M | Veterans | Temp | - | 1:13:48 |
| 399 | Marenè | Burger | F | Veterans | Temp | - | 1:13:52 |
| 400 | JD | Alberts | M | Veterans | Temp | - | 1:13:53 |
| 401 | Theresa | Wilds | F | Veterans | Temp | - | 1:13:58 |
| 402 | Janneman | | M | Veterans | Temp | Strand | 1:14:02 |
| 403 | Chris | Oberholzer | M | Masters | Temp | - | 1:14:16 |
| 404 | Alida | Kannemeyer | F | Masters | Temp | - | 1:14:25 |
| 405 | Juan | Wiese | M | Veterans | 11177 | Carbineers | 1:14:43 |
| 406 | Charmaine | Poole | F | Masters | 6583 | Helderberg Harriers | 1:16:52 |
| 407 | Bianca | Cancelliere | F | Open | Temp | - | 1:16:54 |
| 408 | Bilqeas | Davids | F | Veterans | Temp | - | 1:17:03 |
| 409 | Michael | Myburg | M | Open | Temp | - | 1:17:33 |
| 410 | Janice | Smith | F | Grandmasters | Temp | - | 1:17:43 |
| 411 | Patricia | Roux | F | Masters | Temp | - | 1:18:09 |
| 412 | Danielle | Coetzee | F | Open | Temp | - | 1:18:10 |
| 413 | Patricia | Shaw | F | Great Grandmasters | 9179 | RWFL WP | 1:19:02 |
| 414 | Judy | | F | Masters | 4430 | Team Vitality | 1:19:03 |
| 415 | Marshall | Smith | M | Veterans | 4535 | Brackenfell | 1:19:16 |
| 416 | Unknown | | | | | | 1:19:18 |
| 417 | Annatjie | Bekker | F | Masters | 7901 | Born 2 Run | 1:19:45 |
| 418 | Tania | Cooper | F | Masters | Temp | - | 1:19:58t |
| 419 | Willie | Steyn | M | Grandmasters | Temp | - | 1:20:19 |
| 420 | John | Theobald | M | Great Grandmasters | 354 | Whalers AC | 1:20:30 |
| 421 | N | Swingler | M | Masters | Temp | - | 1:22:52 |
| 422 | Susan | Swingler | F | Masters | Temp | | 1:22:59 |
| 423 | Aubrey | Wyngaard | M | Grandmasters | 2024 | Bredasdorp | 1:23:20 |
| 424 | Alberyn | | M | Masters | Temp | - | 1:23:32 |

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| 425 | Sharon | Steenkamp | F | Masters | 1939 | Edgemead | 1:23:34 |
| 426 | Chris | Deolivgira | M | Masters | 1940 | Edgemead | 1:23:45 |
| 427 | Frederick | Nettleton | M | Grandmasters | 13763 | Strand | 1:24:50 |
| 428 | Jakkie | Greyling | F | Grandmasters | Temp | - | 1:25:24 |
| 429 | Erika | Esterhuise | F | Great Grandmasters | 7180 | Phobians | 1:25:27 |
| 430 | Unknown | | | | | | 1:27:42 |
| 431 | Johrine | Nortje | F | Grandmasters | 11756 | Sanlam RC | 1:29:26 |
| 432 | Unknown | | | | | | 1:32:38 |
| 433 | Unknown | | | | | | 1:33:58 |
| 434 | Unknown | | | | | | 1:47:32 |
| 435 | Unknown | | | | | | 1:47:33 |
| 436 | Gerthy | Janse van Rensburg | F | Great Grandmasters | Temp | - | 1:51:35 |

For any result queries you can contact Mariska on 061 196 1770 or email: mariserasmus91@gmail.com