

## Time Trial Results for: 11/01/2024

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Matthee Rosené	21.10		14.53	21.10
3	R	2	Jenkins Heather	22.21		17.51	22.21
3	R	3	Claassen Tamaryn	22.26		19.54	22.26
3	R	4	Gouws (Sen) Danie	22.40		19.14	22.40
3	R	5	Gouws Anna-Marie	22.40		17.26	22.40
3	R	6	van Weele Roelof	23.50		14.03	23.50
3	W	1	van Emmenis Anneke	31.36		29.26	31.24
3	W	2	Deyzel Anke	31.36		31.36	31.36
5	R	1	Gouws (jnr) Danie	21.21		20.03	21.21
5	R	2	Wright Darren	26.50	SB	24.44	26.50
5	R	3	Philander André	27.29		27.09	27.29
5	R	4	Mcguirk Helen	28.07		26.44	28.07
5	R	5	Mcguirk Roy	28.07		26.43	28.07
5	R	6	Burton Sylvia	28.50		26.25	28.50
5	R	7	Smith Anri	29.03		29.03	29.03
5	R	8	Bester Hennie	33.40		29.13	33.23
5	R	9	Machado Rina	37.06		25.00	37.06
5	R	10	Hanna Les	37.26		22.31	37.26
5	R	11	van Niekerk Danie	38.30		34.14	38.30
5	R	12	Hardie Edwin	39.44		39.44	39.44
5	R	13	Burton Peter	41.17		30.18	41.17
8	R	1	Easter Mark	37.30		37.04	37.04