

Time Trial Results for: 16/11/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Erasmus Louise	14.54	SB	11.14	14.54
3	R	2	Jenkins Heather	18.54		17.51	18.15
3	R	3	van Emmenis Anneke	24.58		24.58	24.58
3	W	1	Bootha Ronél	28.35		23.32	25.44
3	W	2	Bootha Ben	28.35		23.32	26.42
3	W	3	van Emmenis Wilna	29.28		27.50	28.00
3	W	4	van zyl Annelise	33.16		33.16	33.16
3	W	5	Swanepoel Marie	33.16	PB	33.16	33.16
5	R	1	Wright Darren	26.16		24.44	24.44
5	R	2	Coetzee André	28.10		26.54	26.54
5	R	3	Gouws (Sen) Danie	29.48		24.46	25.35
5	R	4	Hanna Les	30.24		22.31	28.33
5	R	5	Bester Hennie	31.21		29.13	29.13
5	R	6	Le Roux Marcelle	38.05		30.00	30.00
5	R	7	Gunther Megan	38.05		30.00	30.00
5	R	8	Niemand Marie	39.26		39.26	39.26
5	R	9	Craus Annandie	39.26		39.26	39.26
5	W	1	Walsh Gill Renee	50.47		31.26	31.26
5	W	2	Harris Roy	50.47		49.00	49.00
5	W	3	van Emmenis Wilna	50.47		31.26	31.26
5	W	4	Ehrenberg Arlene	53.25		35.30	48.06
5	W	5	Gouws Emmie	53.25		40.00	48.06
8	R	1	Easter Mark	37.09		37.09	37.09