

## Time Trial Results for: 07/12/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Smith Anri	19.20		19.20	19.20
3	R	2	Jenkins Heather	19.38		17.51	18.15
3	R	3	de Vries Lydia	19.38		14.44	15.10
3	R	4	Milne Mikki	20.12		14.52	19.12
3	R	5	Van Weele Roelof	21.33		14.03	17.52
3	R	6	Mathee Rosene	22.45		22.29	22.29
3	W	1	Cumming Basil	25.07	SB	23.55	25.07
3	W	2	van Emmenis Wilna	30.17		27.50	28.00
3	W	3	van Emmenis Anneke	30.17		29.26	29.26
5	R	1	Privett Sean	20.19		18.57	19.46
5	R	2	Gouws (jnr) Danie	20.31		20.03	20.03
5	R	3	Smith Andrew	24.25		20.42	22.21
5	R	4	Easter Mark	24.30		22.20	22.20
5	R	5	Wright Darren	26.45		24.44	24.44
5	R	6	Coetzee André	26.52	PB	26.52	26.52
5	R	7	Gouws (Sen) Danie	29.12		24.46	25.35
5	R	8	van Groeningen Lester	33.02		26.15	29.10
5	R	9	Machado Rina	34.16		25.00	25.00
5	W	1	van Emmenis Wilna	48.29		31.26	31.26
5	W	2	Ehrenberg Arlene	48.42		35.30	48.06
5	W	3	Gouws Emmie	48.42		40.00	48.06