

Time Trial Results for: 07/09/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Jenkins Heather	19.10		17.51	18.15
3	R	2	Mathee Rosene	22.35		22.29	22.29
3	W	1	Bootha Ronél	27.57		23.32	25.44
3	W	2	Bootha Ben	27.57		23.32	26.42
3	W	3	Cumming Basil	28.16	SB	23.55	28.16
3	W	4	van Emmenis Wilna	32.25		27.50	28.00
5	R	1	Mullis Shane	22.17	PB	22.17	22.17
5	R	2	Appleton Apples	25.06		25.06	25.06
5	R	3	Wright Darren	25.31		24.44	24.44
5	R	4	Liebenberg Matthew	25.40		25.40	25.40
5	R	5	Hanna Les	30.37		22.31	28.33
5	R	6	van Groeningen Lester	31.16		26.15	29.10
5	R	7	Bester Hennie	32.26		29.13	29.13
5	R	8	Claassen Tamaryn	36.36		25.50	35.03
5	W	1	van Emmenis Wilna	55.46		31.26	31.26