

Time Trial Results for: 03/08/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Erasmus Louise	15.31	SB	11.14	15.31
3	R	2	Jenkins Charlie	19.15	SB	18.44	19.15
3	R	3	Jenkins Heather	19.15		17.51	18.15
3	R	4	Claassen Tamaryn	22.21		19.54	19.54
3	W	1	Snyman Tessa	22.32	PB	22.32	22.32
3	W	2	Bootha Ben	27.39		23.32	26.42
3	W	3	Bootha Ronél	27.39		23.32	25.44
3	W	4	van Emmenis Wilna	28.52		27.50	28.00
3	W	5	Cumming Basil	30.56		23.55	30.15
5	R	1	Mullis Shane	22.55		22.41	22.41
5	R	2	Wright Darren	25.18		24.44	24.44
5	R	3	Gouws (Sen) Danie	27.28		24.46	25.35
5	R	4	Filander André	28.33		24.17	25.17
5	R	5	Blom Josua	28.33		22.46	25.09
5	R	6	Coetzee André	31.11		29.08	29.08
5	R	7	Machado Rina	34.59		33.13	33.13
5	R	8	Bester Hennie	35.01		29.13	29.13
5	R	9	Pretorius Karen	37.27		36.50	36.50
5	R	10	du Plessis Shagna	37.27		33.43	33.43
5	W	1	van Emmenis Wilna	61.01		31.26	31.26
5	W	2	Walsh Gill Renee	61.01		31.26	31.26