

Time Trial Results for: 06/07/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Erasmus Louise	15.59		11.14	15.59
3	R	2	Ellis Garth	17.18	SB	15.08	17.18
3	R	3	Gouws Anna-Marie	22.55		17.26	20.09
3	R	4	van Dyk Hanna	25.30		25.30	25.30
3	R	5	Lambert Juanita	26.01		26.01	26.01
3	W	1	Snyman Tessa	23.57		22.42	22.46
3	W	2	van Emmenis Wilna	35.55		27.50	28.00
3	W	3	Walsh Gill Renee	35.55		31.33	31.33
3	W	4	Burton Peter	36.26		28.12	30.15
3	W	5	Paulick Alan	36.26		29.32	33.30
3	W	6	Waters Hugh	36.26		23.32	33.03
5	R	1	Privett Matthew	19.48		18.55	18.55
5	R	2	Gouws (jnr) Danie	20.40		20.03	20.03
5	R	3	Khunyana Michael	21.02		18.02	21.02
5	R	4	Mullis Shane	23.06	PB	23.06	23.06
5	R	5	Lallu Norman	25.26		25.26	25.26
5	R	6	Wright Darren	25.30		24.44	24.44
5	R	7	Filander André	26.22		24.17	25.17
5	R	8	Gouws (Sen) Danie	28.09		24.46	25.35
5	R	9	Burton Sylvia	28.34		26.25	27.57
5	R	10	Hardie Olivia	28.38		28.38	28.38
5	R	11	Spotswood Neve	29.09		29.09	29.09
5	R	12	Sleigh Sharon	29.10		26.56	28.30
5	R	13	Spotswood Nina	29.52		28.17	29.52
5	R	14	Coetzee André	29.56		29.56	29.56
5	R	15	Milne Mikki	30.10		21.05	29.16
5	R	16	van Groeningen Lester	31.03		26.15	29.10
5	R	17	Bester Hennie	31.59		29.13	29.13
5	W	1	Ehrenberg Arlene	51.12		35.30	48.56
5	W	2	Gouws Emmie	51.12		40.00	48.56
5	W	3	van Emmenis Wilna	53.12		31.26	31.26
5	W	4	Paulick Alan	53.12		31.40	31.40
5	W	5	Lambert Juanita	53.12		53.12	53.12