

Time Trial Results for: 22/06/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Ellis Garth	18.10		15.08	17.45
3	W	1	Snyman Tessa	23.46		22.42	22.46
5	R	1	McDonald Stuart	19.33	SB	19.16	19.33
5	R	2	Gouws (jnr) Danie	21.15		20.03	20.03
5	R	3	Smith Andrew	22.21	SB	20.42	22.21
5	R	4	Roux Alwyn	22.24	PB	22.24	22.24
5	R	5	Mullis Shane	23.25	PB	23.25	23.25
5	R	6	Wright Darren	25.54		24.44	24.44
5	R	7	Filander André	26.59		24.17	25.17
5	R	8	Vorster Loudi	27.10	SB	20.25	27.10
5	R	9	Sleigh James	27.10		22.57	24.50
5	R	10	Gouws (Sen) Danie	27.31		24.46	25.35
5	R	11	van der Merwe André	28.08	SB	19.55	28.08
5	R	12	Bootha Ronél	28.13		27.24	28.13
5	R	13	Bootha Ben	28.13		28.13	28.13
5	R	14	Sleigh Sharon	28.30	SB	26.56	28.30
5	R	15	Burton Sylvia	29.53		26.25	27.57
5	R	16	Kotzé Marizanne	29.53		29.22	29.22
5	R	17	van Groeningen Lester	31.06		26.15	29.10
5	R	18	Gouws Anna-Marie	39.18		28.00	28.00
5	R	19	Burton Peter	47.18		30.18	31.41
5	W	1	van Emmenis Wilna	31.26	PB	31.26	31.26
5	W	2	Walsh Gill Renee	31.26	PB	31.26	31.26
5	W	3	Paulick Alan	31.40	PB	31.40	31.40