

## Time Trial Results for: 30/06/2022

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Middleton Kevin	13.18	11.34	13.02
3	R	2	Hendry Jilly	15.36 PB	15.36	15.36
3	R	3	Jenkins Heather	18.56	18.49	18.49
3	R	4	Wallace Carol	19.01	18.08	18.59
3	R	5	McHendrie Marianne	19.53	SB 18.27	19.53
3	R	6	Claassen Tamaryn	22.13	20.22	20.56
3	W	1	Bootha Ben	29.15	23.32	27.30
3	W	2	Bootha Ronél	29.15	23.32	27.30
3	W	3	Waters Hugh	31.25	SB 23.32	31.25
5	R	1	Gouws (jnr) Danie	21.51	20.53	21.09
5	R	2	Verster Pieter	23.06	23.06	23.06
5	R	3	Jahni Nyasha	23.22	19.32	21.36
5	R	4	Erasmus Louise	25.10	19.50	23.52
5	R	5	du Plessis Anzel	25.10	21.06	25.10
5	R	6	Filander André	25.30	24.17	24.17
5	R	7	Wright Darren	25.53	25.43	25.43
5	R	8	Gouws (Sen) Danie	26.05	24.46	25.51
5	R	9	Blom Josua	26.46	22.46	24.27
5	R	10	Sleigh Sharon	27.10	SB 26.56	27.10
5	R	11	Wallace Peter	27.18	25.54	25.54
5	R	12	Sleigh James	27.32	22.57	23.46
5	R	13	Stabler Tom	27.32	21.30	27.32
5	R	14	van Groeningen Lester	28.23	SB 26.15	28.23
5	R	15	Wright Dave	31.02	20.48	31.02
5	R	16	Burton Sylvia	31.02	26.25	27.39
5	R	17	Kohn Wilfred	31.03	26.13	28.49
5	R	18	Hanna Les	31.03	22.31	27.56
5	R	19	Cuffe Elaine	33.32	29.12	32.38
5	R	20	Burton Peter	35.25	30.18	33.37
5	W	1	Ehrenberg Arlene	45.27	35.30	45.12
5	W	2	Gouws Emmie	45.27	SB 40.00	45.27
5	W	3	van Emmenis Wilna	52.09	46.53	47.12
5	W	4	Walsh Gill Renee	52.09	52.09	52.09
8	R	1	Verster Janelle	39.09	39.09	39.09