

Time Trial Results for: 14/07/2022

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Wallace Carol	19.02	18.08	18.59
3 R		2	Johnston Jordan	19.05	19.05	19.05
3 R		3	Gildenhuis Jan	19.09	14.47	19.09
3 R		4	Hurn Bianca	19.09	19.09	19.09
3 R		5	Brookes Tiaan	23.50	15.40	15.40
3 R		6	Claassen Tamaryn	23.50	20.22	20.56
3 R		7	Calitz Tersia	24.53	24.53	24.53
3 W		1	Mchendrie Marianne	24.15	24.15	24.15
5 R		1	Gouws (jnr) Danie	21.28	20.53	21.09
5 R		2	Verster Pieter	22.10	21.54	21.54
5 R		3	Verster Janelle	23.59	23.59	23.59
5 R		4	Erasmus Louise	24.39	19.50	23.52
5 R		5	Lalu Norman	25.11 PB	25.11	25.11
5 R		6	Wright Darren	25.53	25.43	25.43
5 R		7	Gouws (Sen) Danie	26.00	24.46	25.51
5 R		8	Calitz Coenie	26.00	26.00	26.00
5 R		9	Nerf Greg	26.33	26.33	26.33
5 R		10	Leibrandt Cayden	26.48 PB	26.48	26.48
5 R		11	Wallace Peter	27.14	25.54	25.54
5 R		12	Burton Sylvia	29.40	26.25	27.39
5 R		13	Hanna Les	29.57	22.31	27.56
5 R		14	Blom Josua	29.57	22.46	24.27
5 R		15	van Groeningen Lester	30.45	26.15	28.23
5 R		16	Cuffe Elaine	31.48 SB	29.12	31.48
5 R		17	Burton Peter	42.41	30.18	33.37
5 W		1	Ehrenberg Arlene	45.04 SB	35.30	45.04
5 W		2	Gouws Emmie	45.04 SB	40.00	45.04
5 W		3	van Emmenis Wilna	49.45	46.53	47.12
5 W		4	Walsh Gill Renee	49.45 PB	49.45	49.45