

Time Trial Results for: 26/05/2022

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3 R		1	Jahni Nyasha	13.52	PB	13.52	13.52
3 R		2	Erasmus Louise	14.42		11.14	14.08
3 R		3	Sleigh Sharon	15.34		15.17	15.34
3 R		4	Stabler Tom	15.34		12.25	15.34
3 R		5	Milne Mikki	18.09		14.52	17.41
3 R		6	Wallace Carol	19.00		18.08	18.59
3 R		7	Hanna Les	19.17		14.36	19.17
3 R		8	Jenkins Heather	19.18		18.59	18.59
3 R		9	Claassen Tamaryn	22.00		20.22	21.07
3 W		1	Cumming Basil	27.16		23.55	25.28
3 W		2	Sykes Bre	28.54		22.40	28.54
3 W		3	Eccleston Louise	28.54		28.54	28.54
5 R		1	Gouws (jnr) Danie	22.39		20.53	21.09
5 R		2	Middleton Kevin	22.48		19.23	22.22
5 R		3	Sleigh James	24.41		22.57	23.46
5 R		4	Redelinghuys Johan	24.42	SB	22.47	24.42
5 R		5	Filander André	25.07		24.17	24.17
5 R		6	Robey Mick	25.16		21.09	21.09
5 R		7	Wright Darren	25.43	PB	25.43	25.43
5 R		8	Gouws (Sen) Danie	25.51	SB	24.46	25.51
5 R		9	Wallace Peter	25.54	PB	25.54	25.54
5 R		10	van der Merwe Gerald	28.10	SB	25.46	28.10
5 R		11	Blom Josua	28.16		22.46	24.27
5 R		12	Burton Sylvia	28.29		26.25	27.39
5 R		13	van Groeningen Lester	29.47	SB	26.15	29.47
5 R		14	van Weele Roelof	30.39		21.49	30.08
5 R		15	Stander Matie	32.25	SB	27.34	32.25
5 R		16	Eager Glynn	32.27		24.07	31.34
5 R		17	Machado Rina	38.19		33.25	33.25
5 R		18	van Niekerk Danie	38.19		34.14	34.14
5 R		19	Burton Peter	38.56		30.18	33.37
5 R		20	du Preez Josef	42.29		27.36	41.44
5 W		1	Rathfelder Beverley	45.12		43.16	45.12
5 W		2	Ehrenberg Arlene	45.12	SB	35.30	45.12
5 W		3	van Emmenis Wilna	51.22		46.53	47.12
5 W		4	Loedolff Willie	63.45		38.08	56.40