

Time Trial Results for: 2022/03/24

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Hendry Jilly	16.43		15.45	16.43
3	R	2	Smith Andrew	16.43		16.43	16.43
3	R	3	Jansen Lizette	17.59	SB	15.55	17.59
3	R	4	Jenkins Heather	20.27		19.14	19.48
3	R	5	Jenkins Charlie	20.27		19.46	19.53
3	R	6	Waters Hugh	23.57		14.16	23.02
3	W	1	Cumming Basil	25.28	SB	23.55	25.28
5	R	1	Privett Sean	20.27		18.57	20.26
5	R	2	Jahni Nyasha	21.36	SB	19.32	21.36
5	R	3	Middleton Kevin	22.59		19.23	22.22
5	R	4	Gillion Frank	23.45		18.22	22.34
5	R	5	Filander André	24.57	PB	24.57	24.57
5	R	6	Padayachee Norman	26.15		26.15	26.15
5	R	7	Louw Barney	26.26	SB	22.03	26.26
5	R	8	Barnard Gerrit	26.28		23.26	26.28
5	R	9	Gouws (Sen) Danie	26.56		24.46	26.02
5	R	10	Sleigh Sharon	27.31	SB	26.56	27.31
5	R	11	Hurn Bianca	27.40	PB	27.40	27.40
5	R	12	Manga Christine	28.06		28.06	28.06
5	R	13	Cupido David	34.54		20.48	34.54
5	R	14	van Niekerk Danie	35.01	PB	35.01	35.01
5	R	15	Machado Rina	35.06	PB	35.06	35.06
5	R	16	Johnston David	36.04		21.59	36.04
5	R	17	Johnston Christine	36.04		29.57	36.04
5	R	18	Nel Annarie	37.03	SB	26.05	37.03
5	W	1	Ehrenberg Arlene	46.50		35.30	45.30
5	W	2	Gouws Emmie	46.50		40.00	45.30
5	W	3	van Emmenis Wilna	57.18		46.53	47.12
5	W	4	Loedolff Willie	57.18	SB	38.08	57.18